



An advanced emotional intelligence clinic for connective leaders

Designed and delivered by

Bill Cropper

~ making space for compassion in leadership, life and work

Extend your EI practice through mindfulness, connectivity and compassion

▶ **Compassion – the missing link in leadership**

The public profile of a powerful leader is someone who's tough, decisive, hard-nosed and results-driven – who puts business before benevolence. We convince ourselves we can't make space for compassion and connection, yet that's what truly great leaders *do* make time for. They have the conviction, confidence and courage to cultivate connectivity and compassion. They see connectivity as the conduit for almost everything else they do. And compassion is the key – human kindness but also practical business sense too. If you want committed action you have to connect with people first. And connectivity is compassion in action. Compassionate leaders inspire people with purpose, hope, optimism and energy because they resonate, empathise and connect.

▶ **What is this EI Master Class about?**

This insightful 1-day Master Class shows how to take the next step to raise your level of EI by mindfully cultivating connectivity, compassion and empathy – all telling social and emotional factors in creating vibrant work relationships, maintaining your emotional balance, building resilience to combat toxic emotions, relieving leadership stress and building up well-being. It explores how to integrate compassion into your leadership mix through resonance and active self-reflection. Topics we touch on include:

- ☑ Compassion in a practical leadership context
- ☑ Empathy – not an optional extra for leadership
- ☑ Unpacking the components of compassion
- ☑ Mindfulness – why connective moments matter
- ☑ Diagnosing dissonance – reinforcing resonance
- ☑ Renewal: stress, burn-out and wake up calls
- ☑ Compassion – role in stress relief and well-being
- ☑ Hope, happiness and the health connection
- ☑ Foundations: understanding, empathy, curiosity
- ☑ Even-mindedness - maintaining mental balance
- ☑ The positive psychology of compassion.
- ☑ Mental exercises for cultivating compassion
- ☑ Using compassion to combat toxic emotions
- ☑ Emotional skill-package of compassionate leaders

▶ **Who is this Clinic for?**

This clinic assumes you have already undertaken some foundational learning on EI practices for leaders. It can benefit people from all walks of leadership life: executives, counsellors, clinicians, classroom teachers/principals, directors, administrators, learning advisors, public sector professionals, change agents, facilitators and trainers – anyone interested in taking the next steps to lift their level of emotional intelligence, mindfulness and connective leadership practice.

▶ **What about Cost – and how do I Register?**

Registration at www.thechangeforum.com or use Form on pg 2. Course Fee (GST inc) covers coaching, lunch and refreshments plus a comprehensive self-coaching Toolkit to assist your ongoing learning back at work. Fee discounts offered for early registration, groups, schools and not-for-profit community organisations; payment in advance of attendance on receipt of Tax Invoice. Max 20 places per event; discount places limited. Current **Discounts opposite...**

▶ **In-House Change Clinics – we will come to you**

In-house clinics enhance shared understanding, strengthen relationships and increase the likelihood of people applying new ideas productively in 'real-time' back in your workgroup or management team. Contact us for a quote...

Do you want to:

- Energise, inspire and connect more with people you lead?
- Cope better with the stress of leading & combat toxic emotion
- Cultivate a more compassionate, calm and connective approach
- Be emotionally balanced & even-minded in dealing with others

Try this: How do you know if this clinic is for you? Have you...

- Reached the point where you know how much emotions really do matter for good leadership, good work, good relationships and good living?
- Realised that whatever leadership tasks you have, connecting with people comes first?
- Been looking for ways to lift or revitalise your leadership approach?
- Had any wake-up calls lately that alert you to the need to handle your stress differently?
- Been feeling burnt-out, fatigued, fed-up or been behaving in ways that leave you wondering?
- Felt restless, self-questioning – that there's just something missing in your leadership mix?

➔ **If you ticked 2 or more of these why not consider coming along?**

Introductory Reading...

FactFile-29 & CC E-NEWS Issue-10:
Discuss compassion in leadership
[Download here](#)

Registration Discounts...

1-day events (Queensland)
Early: **\$396 single Group of 3* \$1155**
Then: **\$440 single Group of 3* \$1254**
NFP: **\$363 single Group of 3* \$1056**
Note: All fees GST inc. Fees reviewed at any time at the discretion of The Change Forum.

Contact Us...

For information, brochures and in-house quotes, contact **Bill Cropper:**
TEL: 07-4068 7591
FAX: 07-4068 7555
MOB: 0429-687513
EMAIL: consult@thechangeforum.com
WEB: www.thechangeforum.com



Use **THIS FORM** OR Register **ON-LINE** at <http://www.thechangeforum.com/Registration.htm>

	1-day event		2-day event	
FEE DISCOUNTS#: 21 Days+	\$396 single...	\$1,155 for 3*	\$594 single...	\$1,650 for 3*
FULL Fee: \$693 2-day	Then... \$440 single...	\$1,254 for 3*	\$660 single...	\$1,815 for 3*
\$473 1-day	School/NFP: \$363 single...	\$1,056 for 3*	\$528 single...	\$1,551 for 3*

Places limited

All Fees GST inc.; NFP = non-Govt Community-based organisations; Places limited; Priority given to paid reservations
Fees due on registration, payable 14 days from Invoice & no less than 10 days prior to event; Discounts for advance-payment only;
EFT & Credit Card payment preferred; *Groups to be from same organisation division/unit cost centre - must register and attend together
Fee transferable up to 10 days prior but not refundable; Substitute welcome; See website for full terms & conditions

Fee covers course attendance, guidebook, lunch and refreshments only – travel, accommodation and sundries not included.

▶▶ **YES!** Please Register me for [] place/s to attend

Event Title: **Compassionate Leadership** **The EI Leader [1-day Fast-Track]**
(Please mark YES) **Personal Mastery: Leading w EI** **EI @ Work [1-day STAFF clinic]**
OTHER:

AT Location: _____ **ON: Days:** _____ **Month:** _____

Comprehensive self-coaching Toolkit for the course attending included at no extra charge

All events fully catered; Venue details provided on confirmation of booking.

Please come along by 8.30 am to meet others and be ready for a 9.00am session start

(Timing may vary occasionally please confirm this with us prior to attendance)

▶▶ **Here are my/our Details...** (Please complete all fields wherever possible)

	Participant 1	Participant 2	Participant 3
Preferred Name:			
Last Name:			
Position Title:			
Unit/Branch:			
Email-BH:			
Email-AH:			
Tel BH:			
Mob:			
Catering or other Needs:			

Organisation: _____
Address: _____
Town: _____ **State:** _____ **PCode:** _____

▶▶ **Please Send Invoice to:** **Email:** _____

Contact Name:	Tel:
Position:	Fax:
Unit/Div:	Mob:

~ SAVE or PRINT & Complete this form then EMAIL or FAX back to secure your booking ~

▶▶ **More Information?** **TEL: 07-4068 7591** **Mob: 0429-687 591** or **Bill Cropper: 0429-687513**

EMAIL: register@thechangeforum.com **FAX: 07-4068 7555**

▶▶ **Payment (on Invoice) to:** TEAM Technologies Forum Pty Ltd Trading as The Change Forum
ABN 52074816470 – PO Box 136, Mission Beach Qld 4852
EFT & Card payment Preferred Purchase Orders NOT accepted as payment